

Contacts for bereaved Parents

Sands, the stillbirth and neonatal death charity

Support and information for anyone affected by the death of a baby, before or after birth. National helpline, local parent-led support, literature and online support. Works to improve care when a baby dies and promotes research to reduce the loss of babies' lives.

<http://www.uk-sands.org/Support/Overview.html>

[Helpline 02074365881](tel:02074365881)

Child Bereavement Charity

Support, information and resources for bereaved families and for professionals. http://www.childbereavement.org.uk/for_bereaved_families

Tel: 01494 446648

BLISS the special care baby charity

Support, advice and information for families of babies in intensive care and special care, including bereaved families. www.bliss.org.uk/

Tel: 0500 618150

TAMBA Bereavement Support Group

For families who have lost one or more children from a multiple birth, whether antenatally, postnatally, or at any age subsequently. www.tamba-bsq.org.uk
(Part of the Twins and Multiple Births Association - TAMBA)

Tel: 0800 1380509

Cruse Bereavement Care

Support for people bereaved by death, in any way, whatever their age, nationality or belief. Help includes counselling, bereavement support groups and advice or information on practical matters.

www.crusebereavementcare.org.uk

Tel: 08444779400

The Compassionate Friends

An organisation of bereaved parents and their families offering understanding, support and encouragement to others after the death of a child or children.

www.tcf.org.uk

Helpline: 0117 953 9639 (9.30 am–5 pm)

Tel: 08451232304

The Milton Keynes Bereaved parents group.

We are getting together monthly, every 3rd Thursday in the months. The meeting takes place at the Greenleys Family Centre, Ardwell Lane, MK12 6LU - 7.30 - 9.30pm but the parents don't really leave until 10 as they chat with each other which is very good. One of the couples are trying to produce a leaflet and we also trying to get a website going but it all takes a bit of time. It would be helpful to know if anybody approaches and wants to come along. It is a friendly group and we have dads coming along too.

ursula_ghaleb@yahoo.co.uk

The British Association for Counselling and Psychotherapy

Maintains a register of qualified counsellors and can help you find one in your area. www.bacp.co.uk

Tel: 0870 443 5252

Foot Anstey Solicitors

Foot Anstey is a leading law firm with a specialist health team who have particular expertise in dealing with claims arising from stillbirth and neonatal death. The team's specialist knowledge means that they are able to offer an efficient and expert service in a friendly and approachable style. www.foot-ansteys.co.uk

For advice please contact Claire Stoneman on 01823 625641 or 07815 944985.

Milton Keynes Bereavement Service

A charitable organisation registered with the charities commission and is a member organisation of the City Counselling Centre. Milton Keynes Bereavement Service has been supporting the local community through bereavement for over 20 years.

Secretary: Jeni Pratt

<http://www.bereavementservicemk.org.uk/>

address: C/O, City Counselling Centre
320 Saxon Gate West
Central Milton Keynes
MK9 2ES

telephone: 01908 231292. Checked Daily

Email: mk.bs@virgin.net

Alternatively, Help Line and Drop-In times are as follows:

Monday	2.00pm - 4.00pm
Tuesday	10.00am - 12 noon
Wednesday	10.00am - 12 noon
Thursday	7.30pm - 9.30pm
Friday	10.00am - 12 noon

ICAS have a dedicated telephone helpline for any parents regarding Milton Keynes Hospital Maternity issues on 01296468568.

Milton Keynes has a **miscarriage/ pregnancy loss group** for under 24 weeks and the SANDS group for families that have lost babies after 24 weeks and for neonatal deaths. Both these groups are very supportive and offer telephone advice, one to ones and also group meetings.

Tracy Rea

Bereavement Midwife

07833 482243 Mobile phone

01908 243396 Direct line to office

01908 660033 and ask for bleep number 1981

email: tracy.rea@mkhospital.nhs.uk