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Your Local Guide for all things Pregnancy, Birth and Baby

Volume 2 Issue 4 September 2010

Well we have another busy few months; first we have the Nearly New Sale in Woburn on 25th September and a Baby and Toddler Fair in Northampton on 26th September followed by another Towcester Baby and Child Show on 10th October and MK Antenatal Exhibition on 24th October so plenty to help you gather information, shop have fun!

You can read about these and other topical issues by following @midwifevalerie at www.twitter.com or by following [Valerie's blog](#)



Valerie Gommon

Independent Midwife

www.3shiresmidwife.co.uk

tel: 01908 511247



SPA DAY WINNERS

The lucky winners in our Whittlebury Hall Spa competition were: Paula Payne, Jaime Hill and Heather Hill – we hope you all enjoy your day of pampering



MATCHUSTYLE.CO.UK

Naomi Edwards from Match U Style Image Consultancy is offering a special introductory offer to pregnant women, new mums and women with children. Naomi will offer one of her services without charge in return for a written testimonial and introductions to 5 friends

The services available in this offer are:

- A personal shopping session
- Wardrobe De-Clutter
- Colour Analysis

You can take up this offer by contacting Match U Style Consultancy on or at (quote BirthIndex for this offer)

Tel: 07930109930, naomi.edwards@consultant.com
www.matchustyle.co.uk

WHATS ON

September 2010

Nearly New Baby Fair
Saturday 25th September 2010
Woburn Village Fair, Crawley Road, Woburn, MK17 9QD
Entry: £1 for adults, children are free
Further Details: [Nearly New Baby Fair](#)

Northampton Baby and Toddler Fair
Sunday 26th September 2010
10am—4pm
Northampton County Cricket Ground
Tickets and information:
[Northampton Baby and Toddler Fair](#)

Milton Keynes Maternity Services public meeting

29th September 2010
from 5.30pm at Church of Christ The Corner Stone, Milton Keynes
Details: [Maternity Services Meeting](#)

Milton Keynes
Independent Midwives

The Northampton **BABY** & **TODDLER FAIR**
sponsored by **Time for Tots**
Advice Shopping &
Entertainment
SUNDAY 26TH SEPTEMBER 2010
THE COUNTY GROUND
Advance tickets on sale now!

Milton Keynes Maternity Service Open Meeting
Wednesday 29th September 2010
Starting at 5.30pm
Church of Christ the Cornerstone, Central Milton
Keynes, MK9 2ES
Further Details: [Maternity Services Meeting](#)

October 2010

MK Antenatal Exhibition - FREE Entry
Sunday 24th October 2010
2 pm - 4.30 pm
Church of Christ The Cornerstone
Central Milton Keynes
Contact info@3shiresmidwife.co.uk
Further Details: [MK Antenatal Exhibition](#)

Towcester Baby and Child Show
Sunday 10th October 2010
10am - 4pm
Towcester Race Course
London Road
Towcester
NN12 6LB
Tickets and Information:



Photograph by www.lumierevrai.com

FREE ANTENATAL EXHIBITIONS 2010

Sundays 2.00 pm - 4.30 pm

21st February

20th June

24th October

At

Church of Christ the Cornerstone
300 Saxon Gate West, Central Milton Keynes, MK9 2ES

Exhibitors include:

Midwifery advice, Breast feeding, Waterbirth,
Complementary Therapies, Maternity Bras, Cloth Nappies,
Baby Massage, Yoga, Aquanatal, Ultrasound Scans

Free: admission, refreshments and parking at rear of building

Michelle Twiselton
07852 100 484
michelle@mk-midwife.co.uk
www.mk-midwife.co.uk

Valerie Somman
01908 511247
info@3shiresmidwife.co.uk
www.3shiresmidwife.co.uk

Pregnancy Support In Your Area

Milton Keynes Birth Information Group
Next meeting
info@mkbig.org.uk

Milton Keynes Home Birth Support
Group
Sarah: 07947 188628 email: phoe-busflea@hotmail.co.uk
Kerry: 07958 453131 email:
kez_campbell@hotmail.com

Bumps and Babes – Milton Keynes
Are you pregnant or do you have a
young baby? Join us for our new
Bumps & Babes sessions. Make new
friends. Exchange hints and tips with
other parents. Play with your baby in a
fun and safe environment.
Robins Sure Start Children's Centre,
Heelands School
Fridays 11am - 12pm
[click here for more details](#)

Northampton Baby Café
Northampton Friends Meeting House,
Wellington Street, NN1 3AS
Every Friday except Bank Holidays
From 10:30 am to 12:30 pm
Contact: Carolyn Markham 01604
790496
Ann Davison 01604 843288
ann@babyways.org

Northampton.
Home Birth Support Group
First Thursday of month
7.30pm - 9.30pm
Whitehills Nursery School
Acre Lane,
Kingsthorpe
Northampton
NN2 8DF
Tel: 07716 017366
Email: kellymitchell1102@hotmail.co.uk

Bedford Home Birth Support Group
01234 / 325104 or 218441
charsmith@btinternet.com or
anna_spyropoulos@hotmail.com

Leighton Buzzard & Milton Keynes
Home Birth Support Group
Contact: Sarah 07947 188628

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online Blog](#)

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