



Aquanatal Classes run by Midwives

Classes are weekly, throughout the year on:

Middleton Pool

Mondays

Time 14.00 - 15.00

Lisa Fox: 07709 417010

Woughton Leisure Centre

Mondays

17.45 - 18.45

Tracy Rea: 07833 482243

Bletchley Leisure Centre

Wednesdays

09.30 - 10.30

Jill Peet: 07917 173301

Fridays

13.30 - 14.30

Tracy Rea: 07833 482243

Price £2.00 per session

Any females over 14 weeks pregnant
interested in joining us?

Please **ring** before attending for the first time.